






# How to download our app



1. On your iOS device, tap on the App Store Icon 
2. Tap the magnifying glass and type **healow**  in the search field
3. Select **healow** and tap the install icon  

## LOG IN:

1. Tap on the healow app on your phone 
2. Enter the SouthernMED Pediatrics code **BDIEAA**

3. Enter your user name and password

*If you haven't logged into our patient portal before, the default username is the patient's legal first name, legal last name, year born, example: JohnSmith2015, and the initial password is smp12345*

4. Create a PIN number for future app logins

## For parents with multiple kids...

Tap the person icon  and tap *Link New Account*. On the Search screen, tap "Practice Code/Phone No.", then follow #2-4 instructions above.